



Summer School of Nonviolence and Nonviolent Communication

A Path to Building Peace in Challenging Times

Erasmus Blended Intensive
Program (BIP)

Summer Term 2025



HRVATSKO
KATOLIČKO
SVEUČILIŠTE
ZAGREB
UNIVERSITAS
STUDIORUM
CATHOLICA
CROATICA
ZAGRABIA



LUMSA
UNIVERSITÀ



UNIVERSITAT
RAMON
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THE JOHN PAUL II
CATHOLIC
UNIVERSITY
OF LUBLIN

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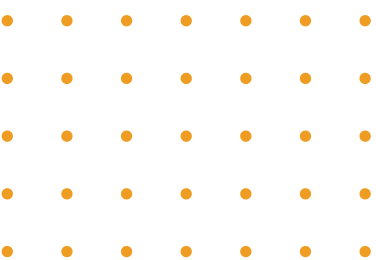
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Erasmus+ is the European Union's flagship program for education, training, youth, and sport. It aims to promote international cooperation, cultural exchange, and academic mobility by providing opportunities for students, educators, and institutions to collaborate across borders. Through funding for mobility programs, Erasmus+ enables participants to study, train, or gain work experience abroad, fostering personal growth, professional development, and intercultural understanding.

A Blended Intensive Program (BIP) is an innovative Erasmus+ initiative that combines virtual learning with a short-term physical mobility experience. BIPs offer students and staff from different countries the opportunity to collaborate in an international and interdisciplinary setting. By integrating online collaboration before and/or after an intensive in-person session, these programs promote flexible and inclusive learning formats that reach a broader range of participants, regardless of their background or field of study.





Summer School of Nonviolence and Nonviolent Communication

Summer School of Nonviolence and Nonviolent Communication program is intended for students with whom the Catholic University of Croatia has an interinstitutional agreement and students from the Catholic University of Croatia.

For this purpose, the Catholic University of Croatia has signed an agreement with **LUMSA University of Rome** (Italy), **Ramon Llull University in Barcelona** (Spain), and **The John Paul II Catholic University of Lublin** (Poland).

Upon program completion, each student who meets the necessary criteria will receive **3 ECTS credits** and a certificate of program completion. Numerical grades are not assigned.



When and where?

ONLINE:

**September 2 to
September 4 2025
from 5 to 7 PM**



IN PERSON:

***September 7 to
September 12***

Rovinj, Croatia



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Location:

*Franciscan Monastery
of St. Francis of Assisi*

*Street De Amicis 36
52 210, Rovinj, Croatia*

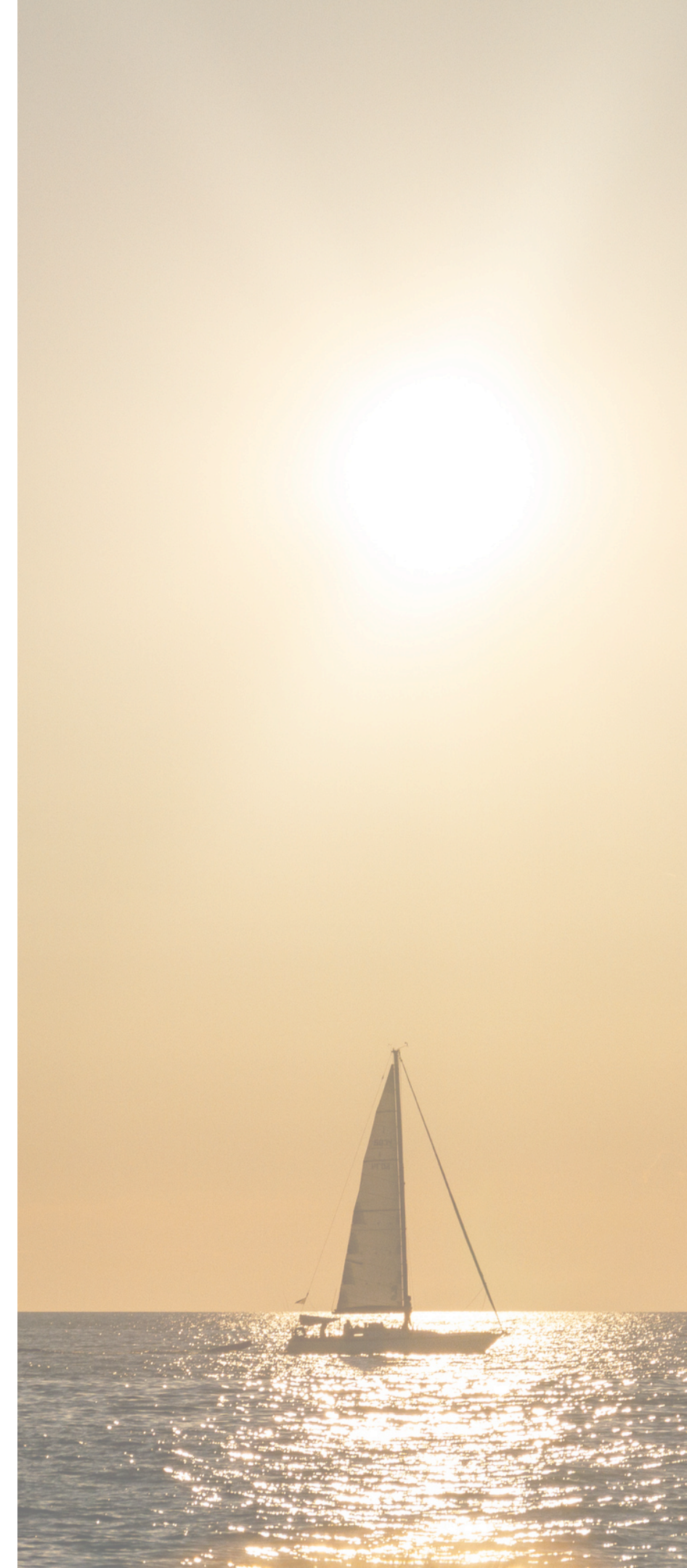


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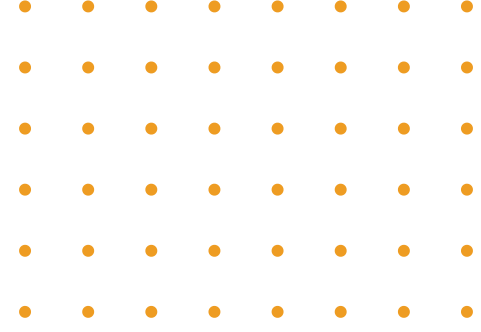
Summer School of Nonviolence and Nonviolent Communication has been designed as **a response to the growing needs of contemporary society**, which is deeply affected by various forms of disagreements, social divisions and injustices, armed conflicts, and ideological polarization both on interpersonal and global levels. Modern conflicts – whether armed, ideological, or interpersonal – require innovative and sustainable approaches based on **understanding, cooperation, and empathy**.

The principles of nonviolence and Nonviolent Communication provide a **transformative framework** for addressing such challenges. This school is founded on the belief that **change is both possible and necessary** and that it occurs when we recognize the power of our words and behavior in influencing others.

By understanding that aggressive communication and violence often stem from unmet needs, **we open the door to deeper understanding, reconciliation, and the construction of lasting peace.**



About the Summer School



Summer school is designed to equip participants with theoretical and practical tools and knowledge based on the **Nonviolent Communication (NVC) model**, developed by American clinical psychologist **Marshall Rosenberg**.

The program focuses on **developing empathy, assertive expression, active listening, conflict resolution skills, and peacebuilding on personal, social, and global levels.**

The program is also grounded in the **Christian theology taught**, which emphasizes forgiveness, reconciliation, love for oneself and others, and peacemaking as essential virtues in building a just and harmonious society.



Marshall Rosenberg, Ph.D.

What will you learn?

Summer School of Nonviolence and Nonviolent Communication is designed to respond to these challenges, equipping participants with the practical knowledge and skills needed to:

- Nonviolent conflict management
- Connecting different perspectives and building bridges between differences
- Strengthening resilience in facing the challenges of everyday life

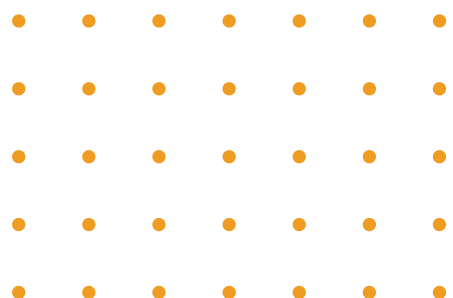
Participants are given a unique opportunity to explore how the principles of nonviolence can be applied to promote peace at all levels, from personal relationships to global social structures.

In an academic context, the program contributes to interdisciplinary research and education, bridging insights from communication sciences, psychology, peace studies, and conflict resolution. Participants will work in a stimulating and collaborative environment, which promotes critical thinking and the application of acquired knowledge in real life situations.



Objectives of the Summer School

- Deepen understanding of nonviolence as a philosophy and practical approach to conflict resolution;
- Develop competencies in nonviolent communication that encourage empathy, mutual understanding and connection;
- Investigate the role of peacebuilding in contemporary conflicts and develop strategies for its implementation;
- To create a safe space for dialogue, reflection and development of practical skills among participants from different backgrounds;
- To inspire participants to become agents of change who promote peace and nonviolence in their communities and professional lives.



Learning Outcomes

- Analysis and critical assessment of the principles of non-violence and their application in solving contemporary conflicts;
- Application of nonviolent communication techniques in personal and professional contexts;
- Recognizing and solving the psychological and emotional aspects of the conflict through empathy and understanding;
- Designing and implementing initiatives for peace building that are adapted to the specific needs of communities and organizations;
- Developing awareness of one's own biases and communication patterns in order to improve interpersonal skills and self-awareness.

